BETWEEN WORLDS SCHOOL

WALKING WITH WOLVES

Level I | Foundational Shamanic Training

Five days · Four nights · Rocky Mountain foothills near Cochrane, Alberta

February 22–26, 2027 | Monday 3:00 PM – Friday 2:00 PM

An immersive foundation in shamanic teachings, journeying, ceremony, spiritual relationships, and the art of supporting others.

An Invitation to Walk Between Worlds

There is a time when we are called to listen more deeply: to the natural world, the stories of our ancestors, and the relationships that connect us to the seen and unseen. Walking with Wolves is an invitation into the foundations of shamanic practice through guided journeys, ceremony, personal reflection, and community.

The Wolf reminds us of the individual within the pack. Over five days, we explore spiritual relationships, the foundations of journeying, the responsibilities of holding space, and ways of carrying these teachings into everyday life. We learn individually, in groups of three, and within the larger circle. No previous shamanic training is required.

The Three Stars of Foundational Training

Personal Healing & Spiritual Development

Journeying, spiritual allies, self-healing, grounding, discernment and integration.

Ceremony & Sacred Relationship

Sacred space, land and elemental relationships, personal ceremony, prayer and reciprocity.

Supporting Others & Community Practice

Listening, witnessing and introductory spiritual facilitation with consent, compassion, boundaries and responsibility.

Foundational Teachings

Shamanic Journeying & Spiritual Allies

Rhythmic journeying; the three worlds; power animals, helping spirits and teachers; merging, embodiment, grounding and reflection.

Foundations of Shamanic Healing

Spiritual perspectives on wholeness; spiritual anatomy; resonance and sound; introductory power animal retrieval; ethical limits and appropriate referrals.

Ceremony, Land & Elemental Relationship

Sacred space, personal tools, prayer, offerings, elemental relationships, introductory land healing and respectful cultural learning.

Holding Space & Community Practice

Listening without directing; introductory guided journeying; small circles; practitioner, recipient and witness roles; consent and confidentiality.

The Five-Day Journey

Monday | Entering Between Worlds

Arrival and welcome; opening circle, group agreements, sacred space, introduction to practice and the medicine of the Wolf.

Tuesday | Know the Heart, Know the Dark

The three worlds, journeying, helping spirits, grounding, boundaries, guided practice and land contemplation.

Wednesday | The Power of the Pack

Power animal relationships, retrieval foundations, merging, resonance, demonstrations and practice in groups of three.

Thursday | Walking with the Land

Elemental relationships, listening to place, reciprocal offerings, introductory land work and collective ceremony.

Friday | Carrying the Medicine Home

Personal prayers, integration, tracking journals, the 15-day practice, next steps, certificate recognition and closing at 2:00 PM.

Learning, Practice & Certification

Teaching combines core instruction from Elaine and Manpreet, teaching and demonstrations from Toni and Eve, supported student practice, outdoor land work, ceremony, contemplation and reflection. Meals are included; the daily sequence may adapt to weather and group needs.

Students receive a companion training book with teachings, journey records, practice logs, reflections and casework pages. A 15-day personal practice is introduced, with grounding, land connection and reflective tracking.

The Level I certificate is awarded to students who participate and demonstrate foundational competencies. Participation alone does not guarantee certification; an appropriate completion plan may be discussed when needed.

Following Level I, documented community practice and casework review are required before admission to Level II. Monthly Wolf community calls offer ongoing opportunities for questions, integration and practice; details of included access are provided during enrollment.

Our Teaching Circle

Elaine Hyde | Co-Lead Instructor

Shamanic practitioner, teacher and ceremonial facilitator. Apprenticeship includes study with Daniel Leonard through the Medicine Circle and teachings from Helena Frank.

Manpreet Kaur | Co-Lead Instructor

Practising shamanism since 2017, with five years in teaching training programs and experience leading advanced retreats.

Antonia (Toni) Nicholas | Co-Instructor

Holding Circle Indigenous Healing. Contributes foundational teaching, ceremonial understanding and community organization.

Eve Carty | Co-Instructor

Levity for Life. Teaches foundational practices, leads demonstrations and designs healing ceremonies.

Our shared foundations include teachings from Daniel Leonard and the Medicine Circle. Each instructor brings distinct teachers and backgrounds, with respect for the cultural origins of practices.

Training Investment

ENROLLMENT	TUITION (CAD)
Early enrollment On or before December 24, 2026	**$1,250**
Regular enrollment After December 24, 2026	**$1,450**

Tuition includes five days of instruction, four nights of accommodation, meals, refreshments, teaching materials, ceremonies, guided journeys and support from the teaching circle. Payment arrangements are discussed following the introductory conversation.

Location, Accommodation & Preparation

The retreat takes place in the Rocky Mountain foothills near Cochrane, Alberta. The precise venue and arrival details will be shared with accepted students. Calgary International Airport is the nearest major airport. Onsite stays are encouraged; room arrangements, ride-sharing and transfers are discussed individually.

Bring a ceremonial blanket, a resonant rattle (required), journal, pen, warm outdoor layers, indoor footwear, personal necessities and prayers. A drum is optional. Dietary and accessibility needs will be collected after acceptance.

How to Apply

1. Complete the application at www.starstosea.com/wolf.
2. Attend a 20-minute introductory conversation with the teaching circle (or discuss the alternative video introduction).
3. Receive an acceptance decision and registration instructions.
4. Complete the waiver and preparation forms, select your payment option, and prepare for the intensive.

Frequently Asked Questions

Do I need previous experience?

No. This is a foundational program welcoming people new to shamanic practice as well as those seeking to deepen their foundations.

Is this training part of a lineage?

The teaching circle shares foundations from Daniel Leonard and the Medicine Circle, alongside the distinct teachers and traditions that have informed each instructor. The program honours these influences without presenting Level I as authorization to represent every teacher or tradition.

What qualification will I receive?

Successful participants receive a Between Worlds School Level I Foundational Shamanic Training certificate upon demonstration of the taught competencies. This is a school-issued educational certificate, not a government-regulated professional licence or clinical qualification.

Will I be able to progress to Level II?

Yes, there is a pathway toward Level II. Admission is not automatic: students must complete and document designated community practice, participate in review, and demonstrate readiness for further training.

Can I complement my existing career with these studies?

Yes. The skills of attentive listening, reflective practice, ceremony and respectful relationship may complement work in education, the arts, community settings or wellness. Any use in professional services must remain within your existing qualifications, legal scope, employer requirements and applicable insurance.

Will I be able to offer sessions professionally after Level I?

Level I introduces foundational practices, including guided journeying and introductory ceremonial support, within demonstrated competence and with consent. It does not authorize advanced soul retrieval, psychotherapy, diagnosis or regulated healthcare practice.

Is this a healing retreat or an educational training?

It is primarily an intensive educational training. Personal healing, reflection and transformation may be part of the experience, but it is not medical or mental-health treatment.

What happens after the five days?

Graduates are invited into monthly community calls and are encouraged to continue practice, reflection and casework as a bridge toward Level II.

What is included in tuition?

Five days of teaching, four nights of accommodation, meals, refreshments, materials, ceremonies, guided journeys and guidance from the teaching circle. Specific community-call access and travel arrangements are clarified during enrollment.

Is certification guaranteed?

No. Certification depends on participation and demonstration of the foundational competencies. The teaching team may discuss a completion plan if additional practice is needed.

Walking Forward Together

We enter the circle as individuals, carrying our own stories, questions and prayers. Through the teachings of the Wolf, we learn to listen, witness, honour the mystery and carry our responsibilities with care. May these relationships continue to grow in the places and communities we call home.

www.starstosea.com/wolf