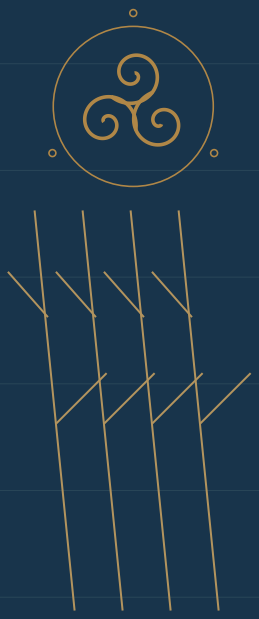
STARS TO SEA

SPIRITUAL SOCIETY



HOSTED EXPERIENCES / 2027

Learning in relationship with the world.

Shamanic education, land-based learning, ceremony and creative practice for retreat centres, wellness organizations and communities.

We collaborate with hosts to create thoughtful, experiential gatherings that connect people with themselves, one another, the natural world and spirit. Programs are adapted to the setting, group and intentions of each gathering.

WORKSHOPS • RETREATS • TRAININGS • COMMUNITY CIRCLES

starstosea.com

Available for hosted programs in Canada and internationally by arrangement.

01 / OUR APPROACH

Education through experience

Every gathering is shaped around participation, relationship and practical integration—not simply information delivered from the front of a room.

What we bring

Guided shamanic journeying, ceremony, storytelling, nature connection, creative expression, reflective discussion and practical approaches that participants can continue using in daily life.

Who we work with

Retreat and healing centres, wellness organizations, community groups, educators, non-profits, conferences and other hosts seeking meaningful experiential programming.

PROGRAM FORMATS

SHORT GATHERINGS	Guest talks, introductory circles and half-day workshops.
ONE- & TWO-DAY TRAININGS	Foundational practices, guided experience and shared learning.
IMMERSIVE RETREATS	Multi-day programs combining ceremony, nature and integration.
ONGOING PARTNERSHIPS	Custom series, hosted training pathways and community follow-up.

Our approach is educational and experiential. Programs can be held indoors, outdoors or in combination. Previous experience is not required for introductory offerings; advanced training may have prerequisites.

02 / SELECTED OFFERINGS

Ways to gather

A selection of established themes and developing hosted programs. Content, length and delivery are discussed with each host.

BETWEEN WORLDS / WALKING WITH WOLVES

Foundational shamanic training exploring journeying, helping spirits, sacred space, ceremony, land connection and supported community practice.

INTRODUCTION TO SHAMANIC JOURNEYING

An accessible entry into guided journeying, relationship with helping spirits, ethics and personal spiritual practice.

WALKING MIDDLE EARTH

Land-based practice with the elements, plants, trees and the living relationships of the natural world.

THE FIVE GOLDEN RINGS

A contemplative journey through compassion, earth, clarity, sky and sacred power, offered as circles or a hosted series.

THE SPIRAL / STORY & CEREMONY

Storytelling, Celtic-inspired folklore, creative expression and seasonal ritual exploring change, memory and belonging.

SHAPESHIFTING & ANIMAL ALLIES

Guided exploration of animal allies through movement, journeying, folklore and reflective practice.

Additional topics in the existing catalogue include Underworld work, compassionate psychopomp practice, youth nature programs and customized ceremonies. Availability and suitability are confirmed in conversation.

03 / WORKING TOGETHER

Bring the circle to you

We welcome conversations with hosts planning retreats, training programs and gatherings in Canada or abroad.

Stars to Sea provides

Curriculum and facilitation, pre-event planning, guided practices, appropriate teaching resources and promotional copy. Additional facilitators and follow-up support can be discussed.

Hosts typically provide

Venue and local arrangements, registration, local promotion, and facilitator travel, meals and accommodation where required. Responsibilities are agreed before booking.

INDICATIVE FACILITATION FEES / CAD

Guest talk / 60–90 min	**$250–350**
Half-day / 3–4 hours	**$500–750**
Full day	**$900–1,250**
Two-day training	**$1,500–2,200**
Weekend retreat / 2–3 days	**$2,500–3,500**
Five-day training	**$4,500–6,500**

Fees are indicative, drawn from our workshop rate schedule, and vary with group size, scope and host resources. Travel, accommodation, meals, venue and materials are additional unless agreed otherwise. Community and non-profit partners are welcome to discuss accessible arrangements.

LET’S PLAN SOMETHING MEANINGFUL.

Elaine Hyde / Stars to Sea Spiritual Society

hereandnow.elaine@gmail.com

www.starstosea.com